

GLL SPORT FOUNDATION ANNUAL REVIEW 2018





* Gold Coast 2018
XXI Commonwealth Games

ASHER-
SMITH

* LONGINES

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04/ WELCOME

I am proud to be Patron of the GLL Sport Foundation (GSF) and with GLL at the helm of this programme 2018 has seen its biggest year yet and represented 10 years of the programme. Its success has been highlighted by the successes of so many GSF athletes.

Sport is such an important element in all our lives, whether that be as an athlete, a coach or within the wider network of support, and sport can and will continue to deliver so much for us as a nation. This was made apparent from the euphoria that gripped the nation during the Commonwealth Games and European Championships this year.

It is vitally important that we inspire young people to excel in sport and harness their talent towards future games. From my own experience, starting out as a young athlete and progressing through my sport, I understand how important support from the Foundation can be to the realisation of sporting ambitions.

This is ever more important today with centralised sport funding being squeezed further; we are an important resource in bridging the gap for young aspiring athletes. Support to these young athletes also goes beyond the field of play. It has an educational value by promoting the opportunity that sport can bring and promoting the benefits of healthy lifestyles to positively impact their local communities.

I would like to thank all councils, sponsors and partners to the Foundation: your commitment has contributed to its success greatly. Finally, I would like to thank all the athletes: you have delivered such phenomenal sporting success and are inspiring future generations. We look forward to continuing to support today's and tomorrow's athletes.

Sally Gunnell, OBE
Patron, GLL Sport Foundation

GLL Sport Foundation Board

Chair – Peter Bunday
Trustees – Kim Wright,
Mark Sesnan, Jenny Seale



Sally Gunnell, Patron of the GLL Sport Foundation, speaking at our 10th anniversary celebration.

06/ MAKING A DIFFERENCE

A SUPPORT PROGRAMME THAT CARES

The GLL Sport Foundation provides athletes with financial support and access to strength and conditioning. As part of all GLL Sport Foundation awards, athletes can access physiotherapy and sport science support. This support is vital in making sure athletes can stay fit, and if they do suffer injury we can get them back training as soon as possible.

“After an accident in 2011 left me paralysed I started playing tennis. In 2016 I began my international career, gaining international tennis ranking and competing on the ITF tour. The GLL Sport Foundation award allows me to have access to gyms and swimming pools across the UK, so that when I am travelling around the country I can keep in great physical condition to ensure I can perform to the best of my ability. As a full-time wheelchair user I often struggle with muscle tone and back pain, and swimming is one of the few exercises that allows me to relieve this pain fully. Furthermore, access to the GSF’s network of physiotherapists and sport science experts allows me to explore other areas and develop myself as an elite athlete, which would be difficult for me to pursue due to the costs involved. I am proud to represent GLL after the support and encouragement that I have received from the staff and community of Sutton Sports Village.”

SUZANNE EDWARDS

Holly's Story

Holly Sullivan is a Down's syndrome swimmer who started 'learn to swim' lessons at Swindon Oasis when aged 4.

Holly made progress and moved through the 'learn to swim' levels, then made the move into a competitive swimming environment and is now swimming 4 times a week at various GLL centres. At the age of 13, Holly beat an established member of the Down's syndrome GB team, which led to her being invited to train with the GB team, and within a year she was part of the team travelling to the European Championships in Paris.

Holly achieved a gold and two silver medals as part of the GB relay team. Holly's journey from a 'learn to swim' programme through to international competition is a sporting love story which has played out in GLL facilities in Swindon for the last 10 years.



08/ WHERE THE MONEY GOES

£££ **£1.6M**
SUPPORT
VALUE

93% 
DO NOT RECEIVE
OTHER FUNDING

 **72** AREAS
ACROSS
UK

 **10%**
PARALYMPIC/
DISABILITY
SPORT

 **70%**
UNDER
21 YEARS OLD

 **3,070**
ATHLETES
SUPPORTED

18 
COMMONWEALTH
MEDALS

350 
PHYSIOTHERAPY
TREATMENTS



COMMONWEALTH GAMES SUCCESS

/09

Athletics

Dina Asher-Smith
Bronze – 200m
Gold – relay
Bianca Williams
Gold – 200m
Relay
Ashleigh Nelson
Relay
Dwayne Cowan
400m + relay
Perri Shakes-Drayton
400m + relay
Margaret Adeoye
400m relay
Shelayna Oskan-Clarke
800m
Dan Bramble
Long jump
Nathan Fox
Triple jump
Jade Lally
Discus
Jacob Paul
400m hurdles
Nick Miller
Gold – Hammer
Gemma Bridge
Race walking
Adelle Tracey
800m
Johnathan Hopkins
Steeplechase
Paul Pollock
Marathon
Dempsey McGuigan
Hammer
Adam Kirk-Smith
Steeplechase

Para Athletics

Amar Aichoun
T38 100m
Simon Lawson
T54 marathon
Maria Verdeille
T35 100m
Jack Agnew
Wheelchair Racing

Swimming

Emily Large
Chloe Golding
Luke Greenbank
Silver – Relay
Jessica Fullalove
Anna Maine
Anna Hopkin
Bronze – Relay
Chloé Tutton

Para Swimming

Jacob Leach
Thomas Hamer
Alice Tai

Para Swimming

Jacob Leach
Thomas Hamer
Gold
Alice Tai
Gold and Silver

Diving

Tom Daley
Gold
Noah Williams
Silver

Beach Volleyball

Chris Gregory
Jake Sheaf

Weightlifting

Zoe Smith
Bronze

Para Weightlifting

Louise Sugden
Silver

Basketball

Joe Ikhnimwin

Wrestling

Leon Rattigan

Triathlon

Zoe Thomas

Rugby Sevens

Elinor Snowsill

Hockey

Natasha Marke-Jones

Table Tennis

Anna Hursley
Gavin Rumgay

Gymnastics

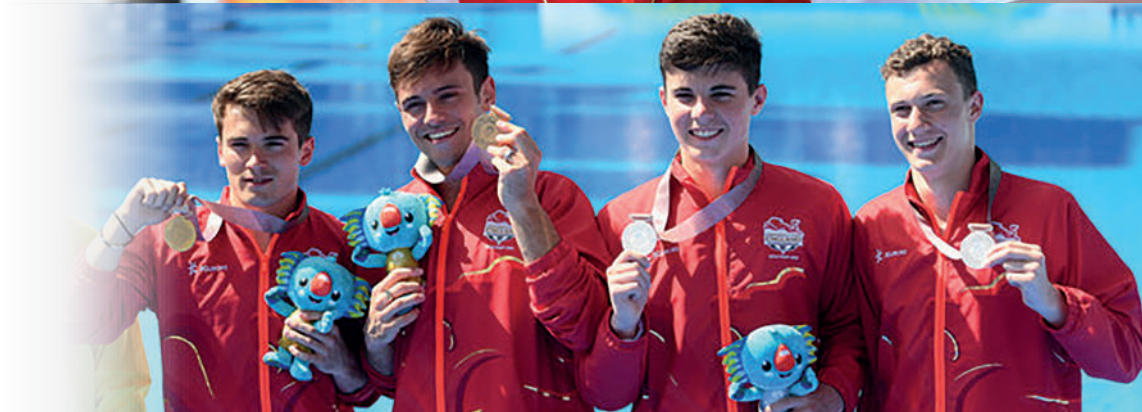
Jolie Buckley

Hockey

Alf Dinnie

Boxing

James McGivern
60kg, Bronze
Aidan Walsh
69kg, Silver
Michaela Walsh
57kg, Silver
Alanna Nihell
Sean McComb
Damien Sullivan
Brendan Irvine
52kg, Silver
Carly McNaul
51kg, Silver
Trap Shooting
Kirsty Hegarty
Weightlifting
Forrester Osei
Jordan Sakkas



10/ OUR STARS



DINA ASHER-SMITH

This year Dina became the first Brit to win 3 gold medals at the European Championships, winning 100m, 200m and the 4x100m relay, along with fellow GSF athlete Bianca Williams. Dina holds the British records for both the 100m and 200m, beating her own times in both events. 2018 has been a fantastic year for Dina, culminating in her receiving the women's Sports Personality of the Year Award and being nominated for the BBC Sports Personality of the Year Award.



MELISSA REID

2016 Melissa won bronze at the Rio Paralympic Games in the women's triathlon. Melissa is a blind triathlete who has medalled at a number of events including European and World Championships. Melissa is aiming to reach the Tokyo 2020 Olympics and is in prime form to get there.



TOM DALEY

Tom Daley has been a GSF ambassador since 2014. In 2017 Tom once again became the Diving World Champion after picking up his first World Championship at the age of just 15. Tom has won 2 Olympic bronze medals, at London 2012 and Rio 2016. 2018 has been a big year for him personally and he is now focused on the next two years, and reaching for his ultimate goal of Olympic gold in Tokyo 2020.



ELLIE SIMMONDS

Ellie Simmonds OBE is a British Paralympic swimmer competing in S6 events. She made a name for herself at the 2008 Beijing Paralympics, where she won two gold medals, despite being the youngest member at age 13. In 2012, Ellie won two golds in the London Paralympics, setting a World Record in the 400m freestyle. Ellie set another world record for the 200m medley at the 2016 Rio Paralympics, earning her gold. Ellie also has 10 World Para Swim championship golds.



ELINOR SNOWSILL

Elinor is a Welsh rugby union player who plays fly-half for Bristol Ladies and Newport Gwent Dragons. Elinor made her debut for the Wales Women's National Rugby Union team in 2009 and has now made 52 appearances for her country. Elinor was also selected for the women's Barbarians squad, which included international players from nine different countries.



LUCY CHARLES

Lucy is an English triathlete who has been supported by GSF for the last 3 years. She is ranked 1st nationally and 2nd in the world, after finishing second in the Iron Man World Championships in October 2018. Lucy has high hopes of coming back strong in 2019 and taking the number 1 spot, and even has her eyes on the 2020 Olympic Triathlon squad.



LUTALO MUHAMMAD

Lutalo is a middleweight taekwondo athlete and a great GSF Ambassador. Lutalo has been supported by GSF since he started competing. Having had success at London 2012 and Rio 2016, with bronze and silver medals respectively, Lutalo will be looking to achieve his dream of an Olympic gold at Tokyo 2020.

12/ CHAIR'S NOTES — PETER BUNDEY

2018 has been a special year for the GLL Sport Foundation; we supported more athletes than ever before, with 3070 athletes gaining some form of GSF support. We celebrated 10 years of GSF supporting talent in our local communities. And we had huge success in the Gold Coast at the Commonwealth games, with 60 athletes bringing back 18 medals.

The dedication these athletes have to their sport is an inspiration: not only do they manage to compete at the highest level but also, with 70% being under 21, they manage to balance this with their education and daily lives.

The GLL Sport Foundation is the UK's largest independent supporter of young sporting talent. With the continued partnerships with local authorities, sponsors and supporters, we have now bestowed over 16,000 athlete awards totalling over £9 million of support.

Our research identifies that a remarkable 93% of award recipients receive no other central funding support, highlighting that the programme is supporting athletes who need the support to develop along the performance pathway.

Our experience through the support of young sporting talent is showing a growing impact of legacy agendas towards Tokyo 2020 and beyond. We are proud that we can make a positive contribution and we remain committed to inspire others to follow.

Finally, I would like to take this opportunity to thank all our sponsors, partners and supporters, who remain the lifeblood of this fantastic enterprise.

Peter Bunday
Chair, GLL Sport Foundation



14/ RISING STARS



NOAH WILLIAMS

is part of GLL's Dive London aquatics club and has had an exciting year in the 10m event, winning Silver at World and European championships with Synchro partner Matthew Dixon. Noah also made his first appearance at this year's Commonwealth games, winning Silver in the 10m Synchro event behind club teammate and fellow GSF ambassador Tom Daley. He has also had positive progress in the 10m individual event. Noah is one to watch in the build-up to Tokyo 2020.



EDEN CHENG

has had a rapid rise through the junior ranks of diving, and her debut senior European Championships saw her become the 10m Synchro Continental Champion with partner Lois Toulon. Eden has a big future and will be looking to progress further in her individual 10m event.



BIANCA WILLIAMS

is a Waltham-Forest-based athlete, who has had great success as part of the 4x 100m England relay team, having made it to her second Commonwealth Games in the Gold Coast. The 25-year-old managed to pick up a gold medal as part of the team, to add to her 2014 Bronze. Bianca is ranked top 5 in the country in the 200m.



ANNA HURSEY

Born in 2006, Anna is the youngest person to represent Wales in a senior sport. Anna was selected as part of the Gold Coast Commonwealth Games table tennis team. She was also nominated for Young Sports Personality of the Year award. Anna has a huge future ahead of her and will continue to be a GSF athlete for many years to come, and we can't wait to see how her journey in sport progresses.



ZOE BACKSTEDT

comes from a family of successful cyclists, with mum Meg and dad Magnus competing in Commonwealth Games and international cycling competitions. Last year, Zoe became the female youth points champion, beating girls four years older. At the age of 12 Zoe has already been a champion 9 times in Cyclocross. She has a huge future ahead of her, and with her family will have a big name in cycling.



ANNA MAINE

last year became the British Junior Champion at both 50m freestyle and 100m freestyle, and also won bronze at the championships in the 100m backstroke. She also reached the final at the World Junior Championships. Anna made her Team England debut at the Commonwealth Games in the Gold Coast.



SYERUS ESLAMI

is a Freestyle and Greco-Roman Wrestler. He made his Team England debut at this year's Commonwealth Games at the Gold Coast, coming away with a Bronze medal. Syerus also came 1st at the British Greco-Roman Championships and English Wrestling Championship.

16/ INSPIRING COMMUNITIES

As well as supporting talented athletes to achieve their full potential, GLL Sport Foundation also supports athletes to give back to their local communities. In 2018, GSF supported athletes to help inspire and spread awareness of sporting talent within our communities.



Better Summer Sports Day, Belfast

Eight Belfast leisure centres provided a day of sports tasters including tasters of soccer, boxing, basketball, squash, boccia and rugby. 220 children represented their centres in a range of sports. 12 GSF athletes came to inspire the next generation. These included Commonwealth Games bronze medallist James McGivern and GSF Ambassador Michael McKillop (pictured).

INSPIRING COMMUNITIES



St Austell Leisure Centre Open Day

Better St Austell Leisure Centre hosted an open day, offering an opportunity for its community residents to sample activities. GSF Ambassador and Paralympian David Wetherill (pictured) joined in, providing some exciting demonstrations where kids had the opportunity to interact with him and learn tips.

Disability Swimming Gala, South Oxfordshire

Thame Leisure centre held the first disability swimming gala to provide opportunities for disability swimmers to access competitive and fun swimming opportunities.

GSF athlete Jack Cummings, who won a bronze medal in the Toronto Invictus, came along to support the event (pictured).



18/ SPORTS PARTNERS

The GLL Sport Foundation is delighted to continue its partnership with SportsAid; this partnership provides the fundamental elements of award coordination, talent identification and alignment to the national governing bodies (NGBs).



As part of this long term agreement, SportsAid put forward 86 direct nominations from NGBs of sport for their most talented athletes who are not currently on centralised funding. These athletes received joint GLL Sport Foundation and SportsAid awards. SportsAid also ensured that all athlete awards were

aligned to the correct award level through NGB talent pathway verification.

“We are really proud of the impact SportsAid’s partnership with the GLL Sport Foundation is making in sport. Together we’re able to focus on giving young athletes across the UK recognition of their sporting potential and financial support to aid their development. Many of these young athletes aspire to compete in future Olympic and Paralympic Games and the support offered by the Foundation will make that possible.”

TIM LAWLER – Chief Executive, SportsAid



TENNIS FIRST



Tennis First is a new partner that helps to verify tennis player ranking. Tennis First supports tennis players with funding to make it to the professional stage. With their help, GLL Sport Foundation is able to provide resources to those who need it most, supporting our objectives in bridging the gap in sports inequalities.

THE MARY PETERS TRUST



The Mary Peters Trust partnership grew in 2017 both in terms of number of athletes supported but also through wider engagement from sports’ NGBs, and award profiling for athletes in Belfast.

Mary Peters Trust Patron, Dame Mary Peters, explained: “The partnership with the GLL Sport Foundation ensures that developing athletes are correctly supported and also that athletes beginning their pathway are also recognised and their success celebrated.”

England

- Allerdale Borough Council
- Bath and North East Somerset Council
- Bournemouth – Better Gym Bournemouth
- Bradford – Better Gym Bradford
- Cambridge City Council
- Carlisle City Council
- Chiltern District Council
- Copeland Borough Council
- Crawley Borough Council – K2 Crawley (Freedom Leisure)
- Eden District Council
- Epsom & Ewell Borough Council
- Gosling Sports Park
- Guildford Borough Council – Ash Manor / Guildford Lido / Guildford Spectrum (Freedom Leisure)
- Herefordshire Council (Halo Leisure)*
- Lincoln – Better Gym Lincoln
- Manchester City Council
- Newcastle City Council
- North Somerset Council – Churchill Sports Centre
- Nottingham – Better Gym Nottingham
- Reading Borough Council – Rivermead Leisure Complex
- Reigate and Banstead Borough Council
- Rugby Borough Council*
- Sheffield – Better Gym Sheffield
- South Bucks District Council
- South Lakeland District Council
- South Oxfordshire District Council
- Swindon Borough Council
- Taunton Deane Borough Council
- Telford Tennis Centre
- Vale of White Horse District Council
- West Oxfordshire District Council*
- Woking Borough Council (Freedom Leisure)
- City of York Council

London

- Barking Sporthouse and Gym
- Bexley – Better Gym Bexley
- Bexleyheath – Better Gym Bexleyheath
- Brentwood – Better Gym Brentwood
- London Borough of Barnet
- London Borough of Brent – Wembley Leisure Centre
- London Borough of Camden
- Mayor of London – Crystal Palace National Sports Centre
- London Borough of Ealing
- East Village – Better Gym East Village, Stratford
- Royal Borough of Greenwich
- London Borough of Hackney
- London Borough of Hammersmith and Fulham
- London Borough of Hillingdon
- London Borough of Islington
- Royal Borough of Kensington and Chelsea
- London Borough of Lambeth
- London Legacy Development Corporation – Queen Elizabeth Olympic Park
- London Borough of Merton
- Romford – Better Gym Romford
- Sidcup – Better Gym Sidcup
- London Borough of Southwark – Colombo Centre
- Sutton Sport Village
- London Borough of Tower Hamlets
- London Borough of Waltham Forest

Northern Ireland

- Belfast City Council*

Wales

- Bridgend County Borough Council (Halo Leisure)*
- Cardiff City Council

*Local Authorities operate localised athlete support programmes and are supported by the GLL Sport Foundation.

GLL and the GLL Sport Foundation work in partnership with the above leisure trusts, to operate the GLL Sport Foundation across their relevant partnerships:

Freedom Leisure
Halo Leisure

20/ THE VISION

In 1993, cuts to public services forced local authorities to look for new ways to deliver leisure facilities. A new model was needed: accountable, with measurable objectives and contained budgets – a third way that was neither private sector nor public sector. Greenwich Leisure Limited was born. A new not-for-profit organisation with charitable social status, focused on providing accessible and affordable leisure services for local communities. Answering an urgent public need meant that success came fast for GLL, with a rapidly growing portfolio across South East London. And, crucially, our not-for-profit model meant that the more business we took on, the more we could reinvest. But we knew that if we were to succeed in transforming perceptions of health and wellbeing on a nationwide platform, we needed a clear and simple strategy. And so we devised The Four Pillars – our simple guiding principles that would inform our vision, wherever the future would take us:

BETTER PEOPLE
BETTER BUSINESS
BETTER COMMUNITIES
BETTER SERVICE

Better People
Our people believe in our social ethos, act with integrity and engage with our business.

Better Business
We strive to be innovative, stable, ambitious and performing at the top of our game.
We seek to be trustworthy, sustainable and affordable.

Better Communities
We're all about community engagement, accessibility, creating sustainable environments and working in partnership to get things done.
We not only want to create a sporting legacy, and improve the health and wellbeing of local communities, but also to establish a healthy lifestyle for future generations.

Better Service
We want to be known for being reputable, personable and engaging with our customers.
Always exceeding expectations.



22/ LOOKING FORWARD

2019 is set to be another record-breaking year for the GLL Sport Foundation as it seeks to bridge the gap in sports inequalities. In 2019 GSF will support even more athletes across more areas, such as North Kesteven, Hatfield and Welwyn.

We are delighted that the GLL Sport Foundation has continued to showcase and support the extensive wealth of young sporting talent within our local communities. Supported athletes are regularly inspiring the next generation of young children to either take up physical activity or become competitive in their chosen sport. Our athletes help to inspire the next generation of sporting talent by providing local communities and young people with positive role models and development opportunities. We hope to develop this further and strengthen our inspiration programme while developing more partnerships with local communities.

2019 is a big year for many athletes, with final preparations and qualifications for the Tokyo 2020 Olympics. We have many athletes representing their various countries and all will have aspirations to compete at the games. There will also be many international junior championships taking place that are vital for young athletes to gain the experience they will need for senior competitions and beyond. We will be providing support to make sure athletes have the best chance of achieving their goals in 2019.

We will continue to provide sport science and physiotherapy support to our supported athletes. Keeping athletes fit and able to compete is a key part of the support and can be the difference between athletes meeting and not meeting their potential.

The continued growth of GLL and our partnerships across the UK means we can extend our impact into new regions and communities. We already know that our support will be expanded into 73 partnerships across the UK including in North Kesteven, Hatfield and Welwyn, and City of York.



24/ SPONSORS & PARTNERS

